		o be completed	by TAAG staff:	
	Teacher ID:			
Trial of Activity for Adolescent Girls	Form Code: CL7	Version: A	Series #:	Seq. #: 01

<u>Classroom</u> Lesson 1: Why Physical Activity? Benefits of Physical Activity

Teacher Name:		Date	Form Completed:	//
			(mm	/ dd / yyyy)
Observer Code:	Class Start Time:	!	_ Class End Time: _	:

1. a. How many girls were taught? _____ b. How many boys were taught? _____

2. Lesson 1 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)*

		Completed Activity	Partially Completed	Activity not Taught
a.	Introduction	1	2	3
b.	Brainstorming: Benefits of	1	2	3
	Physical Activity			
C.	Class Discussion	1	2	3
d.	Lesson Summary	1	2	3
e.	ACA–Work out That Mood	1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)______

100 (T) M	-	Fo be completed	by TAAG staff:	
TAAG	Teacher ID:			
Trial of Activity for Adolescent Girls	Form Code: CL7	Version: A	Series #:	Seq. #: 02

Classroom Lesson 2: Fitting in MVPA: Intensity and Physical Activity

Teacher Name:		Date	Form Completed:	//
			(mi	m / dd / yyyy)
Observer Code:	Class Start Time:	·•	_ Class End Time:	;

1. a. How many girls were taught? _____ b. How many boys were taught? _____

2. Lesson 2 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)*

		Completed Activity	Partially Completed	Activity not Taught
a.	AC Follow-up to Lesson 1	1	2	3
b.	Introduction	1	2	3
c.	Discussion of MVPA and	1	2	3
	Healthy People 2010			
d.	Fitting in MVPA	1	2	3
e.	Lesson Summary	1	2	3
f.	ACA-How Intense Can You Get	? 1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)

		o be completed	by TAAG staff:	
in the second	Teacher ID:			
Trial of Activity for Adolescent Girls	Form Code: CL7	Version: A	Series #:	Seq. #: 03

Classroom Lesson 3: Logging on: Using Self-Monitoring Techniques to Increase Physical Activity

1. a. How many girls were taught? _____ b. How many boys were taught? _____

- 2. Lesson 3 included the activities listed below. For each activity, please indicate if this activity was
- completed, partially completed, or not taught. *(circle one per activity)*

		Completed Activity	Partially Completed	Activity not Taught
a. AC Follow-up to	Lesson 2	1	2	3
b. Introduction		1	2	3
c. Logging on Jess	ica's Day	1	2	3
d. Logging on with	Pedometers	1	2	3
e. Lesson Summar	У	1	2	3
f. ACA-Put Some	Pep in Your Ste	p 1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)______

(A)	To b	e completed b	y TAAG staff:	
	Teacher ID:			
Trial of Activity for Adolescent Girls	Form Code: CL7	Version: A	Series #:	Seq. #: 04

Classroom Lesson 4: Buddy System: Enlisting Support for Physical Activity

Teacher Name:		Date	Form Completed:	//
			(mm	/ dd / yyyy)
Observer Code:	Class Start Time:	:	Class End Time:	:

1. a. How many girls were taught? _____ b. How many boys were taught? _____

2. Lesson 4 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)*

		Completed Activity	Partially Completed	Activity not Taught
a.	AC Follow-up to Lesson 3	1	2	3
b.	Introduction	1	2	3
c.	Social Support Discussion	1	2	3
d.	Small Group Work/Role-play	1	2	3
e.	Lesson Summary	1	2	3
f.	ACA–Buddy Up	1	2	3

3. Comments: (Note: please include any events or situations which made it difficult for lesson to be implemented)

		To be completed	by TAAG staff:	
Trial of Activity for Adolescent Girls	Teacher ID: Form Code: CL7	Version: A	Series #:	Seq. #: 05

Classroom Lesson 5: Be A Goal-Getter: Short-term Goal Setting

 Teacher Name:

 Date Form Completed:

 Observer Code:

 Class Start Time:

 Class End Time:

1. a. How many girls were taught? _____ b. How many boys were taught? _____

2. Lesson 5 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)*

		Completed Activity	Partially Completed	Activity not Taught
a.	AC Follow-up to Lesson 4	1	2	3
b.	Introduction	1	2	3
c.	Classroom Goal Scramble	1	2	3
d.	Small Group Goal Scramble	1	2	3
e.	Lesson Summary	1	2	3
f.	ACA-Be a Goal-Getter	1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)

5	-	o be completed	by TAAG staff:	
TAAG	Teacher ID:			
Trial of Activity for Adolescent Girls	Form Code: CL7	Version: A	Series #:	Seq. #: 06

<u>Classroom</u> Lesson 6: Putting it All Together : Creating a Physically Active Life

Teacher Name:	Date Form Completed:		//	
			(mm	/ dd / yyyy)
Observer Code:	Class Start Time:	:	_ Class End Time:	;

1. a. How many girls were taught? _____ b. How many boys were taught? _____

2. Lesson 6 included the activities listed below. For each activity, please indicate if this activity was completed, partially completed, or not taught. *(circle one per activity)*

	Completed Activity	Partially Completed	Activity not Taught
a. Introduction	1	2	3
b. Create a Question Review	1	2	3
c. Physical Activity Pursuit	1	2	3
d. AC Follow-up to Lesson 5	1	2	3
e. Lesson Summary/Certificates	1	2	3

3. Comments: (**Note:** please include any events or situations which made it difficult for lesson to be implemented)______